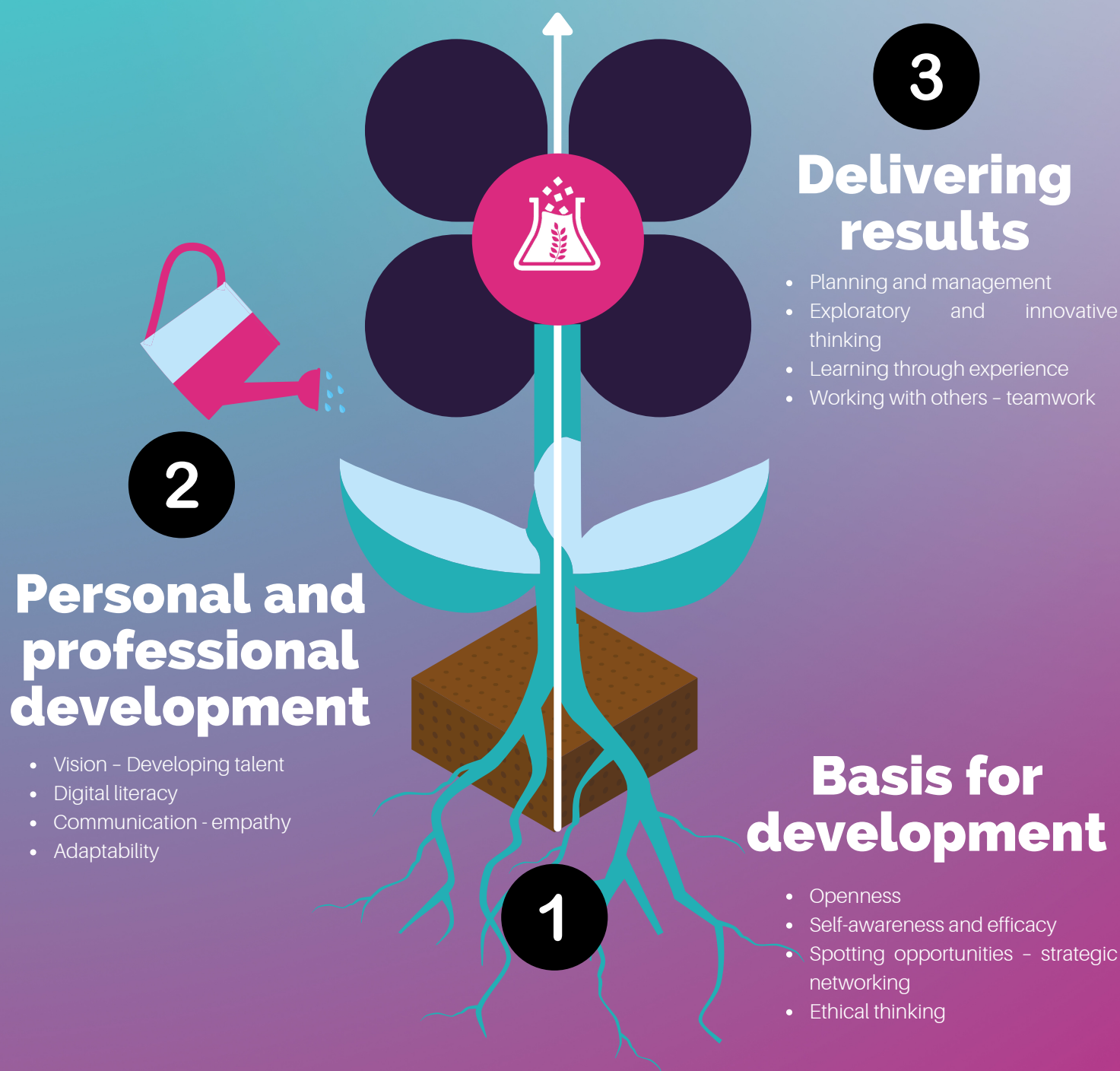


ruraLAB competences for rural employability



FRAMEWORK

COMPETENCES FOR EMPLOYABILITY OF RURAL YOUTH



Basis for development

Basic skills that will help young people in rural areas to develop strong roots in order to foster their employability.



Personal and professional development

Competences oriented to the development and strengthening of professional and personal profile.



Delivering results

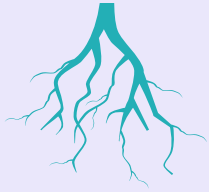
Competences oriented to improve performance at work and reinforcing skills the other skills.



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Fostering Empowerment of Young People in Rural Areas
Through Social Entrepreneurship and Employment

Basis for development



SELF-AWARENESS AND EFFICACY

- Reflect on your needs, aspirations and wants in the short, medium and long term in terms of employability
- Identify and assess your individual and group strengths and weaknesses
- Believe in your ability to find a job, despite uncertainty, setbacks and temporary failures



ETHICAL THINKING

- Assess the consequences of ideas that bring value and the effect of different sectors on the target community, the market, society and the environment
- Reflect on how sustainable long-term social, cultural and economic goals of companies are, and the course of action chosen
- Act responsibly

1

2

3

4



OPENNESS

Being able to appreciate interculturality and opportunities for internationalisation, given that we live in a common economic area (Europe). Think of a European labour market, and not only at national level.



SPOTTING OPPORTUNITIES – STRATEGIC NETWORKING

- Identify and seize job opportunities by exploring the social, cultural and economic landscape
- Identify job opportunities that need to be met
- Establish new connections and bring together scattered elements of the landscape to create job opportunities



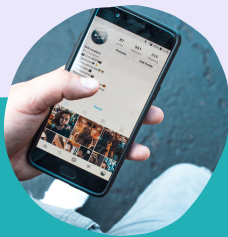
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Personal and professional development



DIGITAL LITERACY

Ability to navigate our digital world using reading, writing, technical skills, and critical thinking. It's using technology—like a smartphone, PC, e-reader, and more—to find, evaluate, and communicate information.



ADAPTABILITY

To manage transitions and challenges in complex sustainability situations and make decisions related to the future in the face of uncertainty, ambiguity and risk.

1

VISION – DEVELOPING TALENT

- Imagine your future
- Develop a vision to turn ideas into action
- Visualize future scenarios to help guide effort and action
- Set a career plan in order to improve your profile



2

3

COMMUNICATION - EMPATHY

- Solve conflicts and face up to other colleagues positively when necessary
- Understand other realities
- Effective communication
- Practising assertiveness



4



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Delivering results



EXPLORATORY AND INNOVATIVE THINKING

To adopt a relational way of thinking by exploring and linking different disciplines, using creativity and experimentation with novel ideas or methods.



WORKING WITH OTHERS – TEAMWORK

- Work together and co-operate with others to improve your current performance
- Develop strong team networks
- Acting for a better future and for a positive impact of our work.

1



PLANNING AND MANAGEMENT

- Set long-, medium- and short-term goals
- Define priorities and action plans
- Adapt to unforeseen changes
- Measuring our performance and setting an action plan
- To meet our objectives set out in our action plan

2



LEARNING THROUGH EXPERIENCE

- Use any initiative as a learning opportunity
- Learn with others, including colleagues and bosses
- Reflect and learn from both success and failure (your own and other people's)
- Inspire with your example

3

4



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